



SPIRITUAL CONNECTION PROGRAM

12-Session Self-Applied Digital Participant Workbook PRE-PURCHASE PROGRAM OUTLINE

A professionally structured educational and personal-development program supporting spiritual reflection, personal meaning, self-awareness, connection and positive change.

ONLINE PURCHASE - WIX DIGITAL PRODUCT

Complete 12-session self-applied digital participant workbook

AUD \$39.95

One-time purchase | Digital PDF | Individual participant licence

This pre-purchase outline provides prospective participants with a professional overview of the Spiritual Connection Program, its 12-session structure, workbook inclusions and Wix purchase information without reproducing the complete paid participant exercises, worksheets or response templates.



Program Overview

The Spiritual Connection Program is a structured 12-session self-applied digital participant workbook designed to support participants in exploring spiritual connection, personal meaning, self-awareness and the experience of spiritual disconnection.

The program follows a progressive learning pathway beginning with identification of the presenting concern and an exploration of spiritual connection and disconnection. Participants then consider their understanding of a higher power or concept of God, the distinction between God's Will and Self-Will, self-centeredness, spiritual experience and spiritual awakening, and the thinking patterns associated with becoming more spiritually connected. The later sessions focus on maintaining a spiritual basis of life, including the original program's emphasis on prayer and meditation techniques, consolidating learning and developing an individual exit and forward-planning strategy that supports continued self-discovery and awareness of negative self-talk.

Program Purpose

The purpose of the workbook is to provide a structured educational and reflective framework through which participants can explore spiritual connection in a way that is personally meaningful, examine beliefs and patterns that may contribute to spiritual disconnection, and identify constructive practices that may support ongoing personal growth.

12-Session Program Framework

Session 1 - Identification of the Problem

Identify the presenting concern, consider the relationship between the problem and possible solutions, and begin developing practical strategies for positive change.

Session 2 - Understanding Spiritual Connection

Explore the meaning of spiritual connection and consider what spiritual connection means within the participant's own experience.

Session 3 - Spiritual Disconnection and Its Management

Explore signs and experiences associated with spiritual disconnection and consider constructive ways of responding to them.

Session 4 - Review and Personal Progress

Review the first three sessions and reflect on learning, personal insights and progress achieved to date.

Session 5 - Understanding a Higher Power or Concept of God

Explore the participant's understanding of a higher power or concept of God and consider how this understanding may relate to spiritual connection.

Session 6 - God's Will and Self-Will

Explore the distinction between God's Will and Self-Will, including the meaning of Self-Will within the context of the participant's spiritual reflection.



12-Session Program Framework - Continued

Session 7 - Overcoming Self-Centeredness

Consider processes for recognising self-centeredness and developing greater awareness of perspectives, choices and behaviours that may support connection.

Session 8 - Spiritual Experience and Spiritual Awakening

Explore the terms 'Spiritual Experience' and 'Spiritual Awakening' and reflect on their meaning within the participant's own understanding and lived experience.

Session 9 - Thinking and Spiritual Connection

Reflect on current thinking in relation to becoming more spiritually connected and identify thought patterns that may support or interfere with this process.

Session 10 - Maintaining a Spiritual Basis of Life

Consider practical ways of maintaining a spiritual basis of life, including the program's use of daily prayer and meditation techniques.

Session 11 - Consolidation

Bring together the learning, strategies and personal insights developed throughout Sessions 1-10.

Session 12 - Exit Planning and Continuing Self-Discovery

Develop an individual exit and forward-planning strategy, identify what is needed to continue spiritual connection and self-discovery, monitor negative self-talk and complete participant feedback.

What Participants Receive After Purchase

The complete Spiritual Connection digital participant workbook expands the above framework into a guided self-applied program. The purchased workbook includes:

- Twelve structured participant sessions
- Guided spiritual reflection and personal response activities
- Activities exploring spiritual connection and disconnection
- Reflection on a higher power or concept of God
- Activities examining God's Will, Self-Will and self-centeredness
- Reflection on spiritual experience and spiritual awakening
- Daily spiritual-practice reflection, including prayer and meditation concepts
- Consolidation, exit planning, continued self-discovery and participant feedback

Pre-purchase protection: Detailed participant exercises, worksheets, response templates and complete session activities are supplied only within the purchased workbook.



Who Is This Workbook For?

This self-applied workbook is intended for adults seeking a structured educational and personal-development resource for exploring spiritual connection, meaning, beliefs, self-awareness and practices that may support personal growth.

- Individuals wanting to explore what spiritual connection means to them
- Participants seeking to understand experiences of spiritual disconnection
- Individuals wishing to reflect on a higher power or concept of God
- Participants interested in examining Self-Will, self-centeredness and personal patterns
- Individuals wanting to explore spiritual experience, spiritual awakening, prayer and meditation
- Participants seeking a structured process for reflection, consolidation and forward planning

Workbook Information

Product	Spiritual Connection Program - 12-Session Self-Applied Digital Participant Workbook		
Format	Digital PDF participant workbook		
Program Length	12 sessions		
Participation	Self-applied / independent		
Primary Focus	Spiritual reflection, connection, self-awareness and personal development		
Delivery	Digital product via Wix		
Licence	Individual participant use		
Price	AUD \$39.95		

Wix Product Listing

Suggested Wix Product Name

Spiritual Connection Program - 12-Session Self-Applied Digital Participant Workbook

Short Wix Product Description

A professionally structured 12-session self-applied digital participant workbook supporting spiritual reflection, personal meaning, self-awareness and connection through guided education, personal reflection, practical spiritual practices, consolidation and forward planning.

Suggested Wix Product Category

Digital Workbooks | Personal Development & Wellbeing Programs



Wix Purchase Options

Option 1 - Purchase Digital Workbook

AUD \$39.95 - One-Time Purchase

Purchase the complete 12-session Spiritual Connection digital participant workbook for individual participant use.

PURCHASE DIGITAL WORKBOOK - AUD \$39.95

Option 2 - Buy Now

Use a direct Wix Buy Now option for customers who are ready to proceed immediately to checkout. After successful payment, the customer receives digital access according to the Wix store delivery settings.

BUY NOW - DIGITAL WORKBOOK

Suggested Wix Checkout Note

Digital Product - Please Read Before Purchasing

This is a digital PDF product. No physical workbook will be posted. Please ensure the email address entered at checkout is correct and securely save your workbook after purchase.

Individual Participant Licence

Purchase provides a licence for one individual participant to use the workbook for personal educational and self-development purposes. The workbook must not be copied, shared, distributed, uploaded, resold, republished or supplied to another person or organisation without prior written permission from Divine Living Solutions.

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Important Program Disclaimer

This workbook is an educational, health-promotion and personal-development resource. It is not a religious service, diagnostic or treatment service and does not replace medical care, professional counselling, psychological treatment, addiction treatment or emergency assistance. References to God, a higher power, prayer, meditation and spiritual concepts reflect the source program and are intended for personal reflection. Participants may interpret these concepts according to their own beliefs, values and circumstances.